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m T}$ he world is getting smaller every day and is moving at laser speed, don't you agree?

With this in mind, I have sought to bring your coaching experience to your smart phone, tablet and laptop. You don't need to leave where you are if you don't want to. If commuting is not convenient, we can chat from the comfort of wherever you are via Skype. For those of you wanting a face-to-face experience, you'll have a safe space at our venue.

I have aspired to provide you with a variety of services which you can mix and match to suit your appetite:

Appetizers

Fifteen Minute Laser: Sometimes, a quick solution is needed for something that comes up.

Pick up the phone or Skype me why don't you?

(Free for those having Entrées 2, 4 & 5)

30-minute- Grab and Go: Run away on your lunch hour and have a quick bite



Promotion Special:

A unique blend of Life and Career Coaching, served with a Personalized and Professional Resume. (Price may vary according to resume length)

Why Am I Here?:

Purpose discovery... A fusion of Spiritual, Career and Life Coaching, served with a Vision Board. Served by the dozen.

Which Way Now?:

For those who've had a fair amount of success so far, and are ready for the next big assignment. Served by half dozen.

Ready To Move:

You know you're ready and committed to change, but need the support to get started and keep you on track. Served by the dozen.

Transitions:

You're moving from one career to another, one phase of life to another and need support, encouragement, direction. Served by the dozen.

Entrées Continued



Unstuck:

The name says it all.

One-Off Session

4 Sessions

6 Sessions

CVI-Core Values Index Coaching:

Coaching around what is revealed by the CVI and how one can begin to live from the place one was created to live, (out of core values) in order to make the highest contribution in the world.

The CVI is "A revolutionary human assessment that provides a description of the innate, unchanging nature of an individual, which is different from personality and behavioral based assessments." - Taylor Protocols



One-Off Session

4 Sessions

6 Sessions

12 Sessions

Sessions are typically 1 hour long.

Assessments, Resources:

CVI (Core Values Index) Vision Board Development Life Strategy Documents Resume Writing Personalized Letters/Cards Etc.



Speaking Engagements, Retreats, Workshops, Group Coaching, Team Building Parent-Child Coaching, Teenaged Coaching

Payment may be made Online via:

Pay Pal- ACCEPTED: VISA, Mastercard, American Express and Discover Credit Cards for clients outside of Trinidad and Tobago.











Clients within Trinidad and Tobago may pay in-person, by Direct Deposit or Online Transfer.



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